

**Patient 201:**

66 yo female with history of long-standing depression. Although she took antidepressants, she still felt quite depressed.

<i>Before Treatment</i>		<b>Depression Measures</b>
Headache		Zung Depression Scale = 42/80 (Moderate)
Hyperarousal		
Sleep disturbance	✓	
Memory Problems		Quick Inventory of Depression Symptoms = 16/27 (Moderate)
Cognitive Problems		
Balance Problems		
Depression	✓	Beck Depression Scale = 20/60 (Moderate)
Anxiety	✓	
Suicidal Ideation	✓	
Irritability		

**Patient received 16 treatments with Multi-Watt Infrared Laser over approximately 16 weeks.**

After treatment, the patient reported her depression was gone. “This was truly remarkable!”

<i>After Treatment</i>		<b>Depression Measures</b>
Headache		Zung Depression Scale = 25/80 (Mild)
Hyperarousal		
Sleep disturbance		
Memory Problems		Quick Inventory of Depression Symptoms = 6/27 (Mild to Non Significant)
Cognitive Problems		
Balance Problems		
Depression		Beck Depression Scale = 7/60 (Non Significant)
Anxiety		
Suicidal Ideation		
Irritability		